

# Public Health Newsletter

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## Mosquito Trapping

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Public Health sets up 2-3 traps twice a week around base in hopes of catching female mosquitoes. The reason that we are specifically looking for female mosquitoes is because they are the ones that carry/spread different diseases. Once we catch them, we to send them off to Kadena to testing to see what concerns we have in the area. Thankfully, our samples have been coming back clean, but Japanese Encephalitis is something we continue to keep an eye out for.



### Japanese Encephalitis (JE)

According to the CDC, some symptoms of Japanese Encephalitis is fever, headache, and vomiting. Later symptoms would be mental status changes, neurologic symptoms, weakness, and movement disorders. If you or a loved one experiences any of these symptoms and think it might be Japanese Encephalitis, seek medical attention right away.



## Prevention

Some symptoms of a mosquito bite includes: a puffy reddish bump appearing a few minutes after a bite, a reddish-brown bumps a day or so after the bites, or dark spots that look like bruises.

Prevention of mosquitos include getting the JE vaccine, using insect repellants, wearing long sleeve clothing, and treat clothes with permethrin.