

\*This is a living document, and it will be updated as guidance changes and processes through the appropriate channels. Thank you for your continued patience.

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### **Definitions:**

**Fully vaccinated:** 2 weeks after final dose of Moderna or Pfizer, or 2 weeks after 1st dose of Johnson and Johnson.

**Category A/Up-To-Date:** Fully vaccinated with booster or within 5 months of getting primary vaccination series.

**Category B/Not-Up-To-Date:** Any unvaccinated person or 5 months or longer since getting primary vaccination series.

**Isolation:** Period of time when people who are infected with COVID-19 are separated from the general population, whether they have symptoms of COVID or not. Vaccination status **does not** determine whether a person will go into isolation or how long isolation lasts.

**COVID positive Day Zero:** Symptom onset or date swab was taken - **not** date test results returned.

**Quarantine:** Period of time when people who were exposed to COVID-19 are separated from the general population. Vaccination status **does** determine if a person should go into quarantine or not.

**Close contact:** Someone who was within 6 feet of a COVID positive person for more than 15 minutes cumulative over a 24 hour period - with or without masks. The close contact clock starts 2 days before the COVID positive person either started having symptoms or was swabbed for COVID-19.

**Enhanced precautions:** For a full 10 days after last contact with a confirmed case, continue to self-monitor, wear masks, avoid crowds, practice physical distancing, and practice hand and cough hygiene.

**Working Restriction of Movement:** Modified quarantine; day 6-10 after exposure, if still asymptomatic **and** have negative day 4 test result.

What they can do:

- Go to work (if approved by Unit Commander)
- Go to child and youth programs and go to school--unless they **cannot** wear a mask or social distance.
- Go to the Exchange, Commissary, or Shoppette to purchase specific items (i.e. not go shopping up and down every aisle).
- Go pick up food from **on-base** restaurants.
- Go outside to exercise or play

What they **should not do** do:

- Go to the fitness centers on base
- Dine-in at on-base restaurants
- Shop for an extended period of time at Exchange and Commissary (i.e. go up and down every aisle)
- Attend large gatherings or official functions without approval (best to route through unit to wing)
- Attend social engagements (e.g. church, play dates, birthday parties, etc.)

## Procedures:

### COVID Positive Isolation Protocol - Day Zero is when symptom onset or date swab was taken NOT date test results returned

- Symptomatic: 7 full days after symptom onset. Release on day 8.
- Asymptomatic: 7 full days after swab was taken. Release on day 8.

### Close Contact Protocols - Day Zero is date of exposure

- Close Contacts who are within 90 days of documented recovery from COVID
  - **Not required to test or quarantine following exposure or identified as close contact unless symptomatic.**
- Category A is anyone vaccinated with a booster, or within 5 months of being fully vaccinated.
  - **In Working ROM for days 1-5 after exposure; NO QUARANTINE; test 4 days** after exposure;
  - **Enhanced precautions** (masks, distance) for 10 days after exposure.
  - If the Category A Close Contact is continuously exposed to a COVID positive person who cannot effectively isolate from others in their home, the Category A Contact will be in Working ROM status and unit leadership will determine work restrictions. The Category A Contact **should test on day 4** after the COVID positive had onset of symptoms or positive test result **and again 5 days after** person is released from isolation.
  - If positive, Category A Contact will enter isolation protocol.
- Category B is anyone unvaccinated, or 5 months of being fully vaccinated without the booster:
  - **5 day hard quarantine after exposure** and
  - Test **4 days** after exposure;
  - Released to working ROM after negative test result; enhanced precautions for 10 days after exposure.
  - If the Category B Close Contact is continuously exposed to a COVID positive person who cannot effectively isolate from others in their home, the Category B Contact **should test 5 days after** the COVID positive is released from isolation and remain in quarantine until receipt of a negative COVID test, then they will have 5 additional days of **Enhanced Precautions**.
  - If positive, Category B Contact will enter Isolation Protocol.

### Special considerations for children who are Close Contacts if COVID positives in the home\*

Note 1: If child is symptomatic, child is restricted from school regardless of vaccination status until negative test result.

Note 2: Follow close contact testing and quarantine considerations depending on child's category (see above)

- If COVID positive in home is able to fully isolate away from child:
  - Day zero is date of last exposure
  - Category A\*: **may continue to attend school** if remain asymptomatic and have negative day 4 test.
  - Category B\*: **restricted from school** during 5 day quarantine until negative day 4 test results returned;
    - To return to school: must remain asymptomatic, complete quarantine; have negative day 4 test result.
- If COVID positive in home is **not** able to fully isolate away from child (i.e. ongoing exposure):
  - Day 0 for testing and quarantine calculations is the day before COVID positive cleared from home isolation.
  - Category A\* and Category B\* students:
    - **Restricted from school** from date COVID positive starts isolation until negative day 4 test results returned.

- Get tested 4 days after COVID positive cleared from isolation.
- To return to school: must remain asymptomatic, complete quarantine, and have negative day 4 test result.

**\*Exception: Unless symptomatic, children who are within 90 days of recovery are not restricted from school following exposure or being identified as a close contact.**

Recommendations for Close Contacts			
Person Type	Test	Quarantine	Restrictions
ANY Symptomatic person (regardless of vaccination status/category)	ASAP	Self-Quarantine until test results	<ul style="list-style-type: none"> <li>- No work/school until negative results</li> <li>- If negative, not under COVID protocols</li> <li>- If positive requires 10 day COVID isolation</li> </ul>
Exception*: Unless symptomatic, any person within 90 days of documented recovery from COVID	No	No	None
Close Contact Protocol			
Category A*: No other COVID positive in the home	4 days after last exposure	No. Person in Working ROM	<ul style="list-style-type: none"> <li>- Working ROM for days 1-5 following exposure</li> <li>- Wear mask/social distance for 10 days</li> <li>- May go to work/school</li> </ul>
Category B*: No other COVID positive in the home	4 days after last exposure	Yes, for 5 days after exposure	<ul style="list-style-type: none"> <li>- Stay inside residence</li> <li>- No work/school until quarantine is complete <b>AND</b> negative Day 4 test</li> <li>- Working ROM for days 6-10 following exposure</li> </ul>
Category A*: COVID positive in the home <b>CAN</b> effectively isolate away from others	4 days after last exposure	No. Person in Working ROM	<ul style="list-style-type: none"> <li>- Working ROM for first 5 days following exposure</li> <li>- Wear mask/social distance for 10 days</li> <li>- May go to work/school</li> </ul>
Category B*: COVID positive in the home <b>CAN</b> effectively isolate away from others	4 days after last exposure	Yes, hard quarantine for 5 days after exposure	<ul style="list-style-type: none"> <li>- Stay inside residence</li> <li>- No work/school until quarantine is complete <b>AND</b> negative Day 4 test</li> <li>- Working ROM for days 6-10 following exposure</li> </ul>
Category A*: COVID positive in the home <b>CANNOT</b> effectively isolate away from others	<ul style="list-style-type: none"> <li>- Test 4 days after the COVID positive person either developed symptoms or was swabbed.</li> <li>- Test <b>again</b> 5 days after the COVID positive person is released from isolation.</li> </ul>	No. Person in Working ROM	<ul style="list-style-type: none"> <li>- Wear a well-fitting mask inside the home.</li> <li>- Only one person should care for the positive</li> <li>- Talk with leadership to determine work restrictions</li> <li>- Working ROM for days 1-5 following exposure</li> <li>- Wear mask for 10 days after COVID positive person is released from isolation</li> </ul>
Category B*: COVID positive in the home <b>CANNOT</b> effectively isolate away from others	<ul style="list-style-type: none"> <li>- Test 5 days after the COVID positive person is released from isolation.</li> </ul>	Yes, from time COVID positive person enters isolation until receipt of negative test result.	<ul style="list-style-type: none"> <li>- Stay inside residence</li> <li>- No work/school until quarantine is complete <b>AND</b> negative test result.</li> <li>- Wear mask for 10 days after COVID positive person is released from isolation.</li> </ul>
Isolation Protocol			
Person has symptoms	Isolated for 7 full days after symptoms began		
Person does not have symptoms	Isolated for 7 full days after swab was taken ( <b>not</b> when person found out they were COVID positive)		