**Sponsorship Information**

When you receive your assignment notification to Yokota you will be assigned a sponsor from your gaining unit. A sponsor’s role is to help your transition be smoother, answer your questions and provide information about your gaining unit and location. If for some reason, a sponsor does not contact you, please reach out to the CSS at your gaining unit or the Military Personnel Flight (MPF) at DSN 315-225-9913.

Once your sponsor is assigned, help them help you! Provide them with complete information on your family demographics (single, married with children, pets, etc.). Be as specific as possible so they can assist you with questions and provide the most relevant information that is applicable to you. For best results, please fill out this Newcomer Needs Assessment [Newcomer Needs Assessment | Military OneSource](https://www.militaryonesource.mil/products/newcomer-needs-assessment-736/) and email to your sponsor.

You are strongly encouraged to register for the Pre-Arrival Orientation with the Military & Family Readiness Center. This one-hour virtual call through TEAMS will provide you with information from experts across the installation to assist with your PCS needs. Agencies will speak on topics such as housing, shipping household goods, Child & Youth programs, information on schools, PCSing with pets, Tricare overseas, Exceptional Family Member Program Family Support, spouse employment and how to connect with Key Support Liaisons in your gaining unit. To register for this orientation, please email 374fssfsfr@us.af.mil. In your email request, please provide a good email address and a DOD ID number to be registered.

Your sponsor can assist you with lodging reservations and special travel accommodations. For the most up to date in formation on lodging, shuttles running to and from the airport, the Pet Care Center and so much more, please refer to information found on the 374 FSS website at [yokota374fss.com](https://yokota374fss.com/). You may find additional information about Yokota Air Base at [Yokota AB | MilitaryINSTALLATIONS](https://installations.militaryonesource.mil/military-installation/yokota-ab).